

# Emergency Outdoor First Aid

This one-day emergency outdoor first aid qualification will provide learners with the skills and knowledge to respond to a range of emergency outdoor situations in a prompt, safe and effective way, particularly where professional medical help is not immediately available.



## RQF Level 3 Award

Qualification title: **FAA Level 3 Award in Emergency Outdoor First Aid (RQF)**

Code: **603/6228/5**

Unit title: **Outdoor Emergency Action**

Unit code: **K/508/3085**

The course will provide learners with the skills and knowledge to respond to a range of emergency outdoor situations including summoning assistance, responding to changes in vital signs, administering CPR and blood loss.

The qualification meets the requirements of the Institute for Outdoor Learning band 2 training.

## Duration

The minimum classroom contact time of 8 hours must be delivered over a minimum of 1 day. The course can be spread over a maximum of 4 weeks ensuring that each session is a minimum of two hours.

## Syllabus

A range of outdoor First Aid related subjects are covered including:

- What is outdoor first aid?
- Monitoring
- Secondary assessment
- Wounds and bleeding
- First aid equipment
- Scene survey
- Resuscitation
- Hypovolaemic shock
- Summon assistance
- Primary survey
- Disorders of respiration

## Certification

The qualification is valid for three years from the date of achievement.

Learners will need to complete the full course again to requalify for a further three years. It should be noted that if the qualification expires a person is no longer considered competent to act as a first aider in the workplace.

## Assessment

The assessment is carried out through practical demonstration and oral questioning. Scenarios will be set to allow learners to demonstrate the skills and knowledge they have gained.

## Numbers

A maximum of 12 students are allowed and must be a minimum of 14 years of age and a certificate can be offered to all, subject to assessment.

A learner cannot assume a responsibility in the workplace until they reach the age of 16, and then it is the employer's responsibility to ensure that the person is suitable for that role.